### Nursing & Midwifery



# Becoming a **Nurse**

Nursing is a dynamic and varied career choice. As well as being a respected profession for both men and women, with numerous rewards and opportunities, every day is exciting and unpredictable. While every nursing career is different to another, the one thing that all nurses have in common is that their work is never dull.

Every day is full of unique experiences for nurses from caring for postoperative patients, assisting people with mental health issues to providing care for the dying. No two days are ever the same.

There are a wide range of roles in nursing including an Assistant in Nursing, Enrolled Nurse or Registered Nurse. All have different study requirements and varying roles and responsibilities.

#### Assistant in Nursing (AIN)

An Assistant in Nursing works as a support member to a nursing team in the delivery of nursing care.

- The Health Services Assistant, Certificate III (Acute Care) Course can be studied in year 11 & 12 at school or at a Registered Training Authority (RTO) such as TAFE
- Certificate III (Aged Care)

#### **Enrolled Nurse (EN)**

Is a popular way to begin a nursing career. Enrolled Nurse courses can be studied at a variety of locations through a number of training providers including TAFE, the NSW Health Registered Training Organisation and Careers Australia.

#### **Registered Nurses (RN)**

A Registered Nurse is in the privileged position of supporting patients and their families at critical times in their lives. To become a Registered Nurse you will need to complete a Bachelor of Nursing course at university. There are a number of NSW universities with undergraduate nursing programs.



#### Where can I work?

Working opportunities for nurses are diverse and include:

- Hospitals: public and private;
- Home visiting services and residential aged care;
- Community settings such as community health centres and school health;
- Government agencies such as the Defence Forces and jails;
- Holiday resorts, cruise ships, large organisations/ industries;
- Rural and remote areas and aid organisations.
- These are just a few of the choices.

Most nurses work in a clinical area providing direct care to patients and clients.

Nurses can work as a generalist or choose a variety of specialties within which to work including operating theatres, critical care units, care of children or the elderly, mental health nursing and many, many more.

Registered nurses also have the opportunity to work in research, education/teaching, management, patient safety, quality and policy areas to progress their career professionally with financial rewards.

## Becoming a *Nurse*

Nurses are highly sought after within Australia and worldwide. Working as part of a team of skilled professionals nurses care for and support people when they are most in need.

Nursing is a career that can match your lifestyle by offering varied working hours and the flexibility of working full or part time leaving time for family life, travel and other commitments.

For a career that provides ongoing education, support and rewarding working relationships and the opportunity to work in a wide range of environments with good financial reward consider nursing.

#### If you're interested in an exciting and dynamic career or simply want more information, you may find the following websites helpful:

Nursing & Midwifery Office www.nursing.nsw.gov.au/nursing NSW Aboriginal Nursing & Midwifery Strategy www.nursing.nsw.gov.au aboriginalnursing@doh.health.nsw.gov.au Universities Admissions Centre www.uac.edu.au TAFE NSW www.tafensw.edu.au

SHPN (NM) 120103 © NSW Ministry of Health www.health.nsw.gov.au

